



Pre and Post Screening Questions for:

Race to Nowhere



Questions to discuss BEFORE seeing the film:

1. What do you think this movie is about - where are we in a 'race to nowhere' - list the possibilities of what the film would be about?
2. Do you ever feel like you are under extreme pressure 'to be the best' ?
3. Who makes you feel like you are under these pressures?
4. How can you relieve these pressures?
5. Who is to blame for putting these pressures on you?
6. When did you start feeling (or your friends) like you were under too much stress?

Questions to discuss AFTER seeing the film:

1. How many of you feel like the youth in this film?
2. Who causes you to feel this pressure?
3. What can you do to change this?
4. What kind of a 'movement' has to be create to stop this 'race to nowhere'?
5. Can you recognize others that you know who seem to be 'drowning' in these stresses?
6. What can you do to help those (or yourself) get off of this treadmill of constant pressure?
7. Are there any agencies in Calgary that help students, parents, teachers recognize these issues?
8. Encourage your parent council to watch this film and discuss it with other parents.
9. Will you raise your children any differently than you have been raised - if you feel like you have been 'over scheduled' in your life?
10. Write a letter to your Minister of Education, MLA or whomever you think would be the 'right' person -telling them about the film and if you do feel passionately about it. Work in groups to formulate what suggestions you can lobby the government (especially the Minister of Education) to evoke change.